TRAUMA-INFORMED CARE: HELP FOR THE HELPER

MAX
Metro Atlanta eXchange for Workforce Solutions

A Training for Workforce Developers

March 29, 2022
1:00 - 2:30 pm
Via Zoom

In this workshop, participants will learn about the impact of trauma on workforce development professionals, both personally and professionally. Participants will explore ways to manage reactions to trauma exposure and engage in a self-assessment of their self-care practices. Specific strategies for managing the effects of trauma exposure will be shared and practiced, and participants will develop an individual self-care/wellness plan they can implement after the workshop.

WORKSHOP REGISTRATION: MAX Members: Free
Non-Members: $35

The Professional Excellence Program Child Welfare Training Collaborative at Georgia State University provides training and professional development opportunities for various human services professionals and organizations.

Topics addressed in CWTC's trauma training series include the impact of trauma on behavior, resilience, trauma-informed care strategies, trauma-informed systems, secondary traumatic stress, and self-care for professionals.

Georgia State University | Andrew Young School of Social Work

Professional Excellence Program
Child Welfare Training Collaborative

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