

Critical Thinking



Overview

This workshop is designed to introduce learners to the basic concepts of critical thinking, including what critical thinking is, the benefits and barriers to using it, and the basic process. Attendees will also learn how to use certain tools to help them develop their critical thinking skills over time.

Goals

The goal of this workshop is to provide learners with an introduction to the process of critical thinking and tools they can use to improve their skills over time. Upon completion of this workshop, attendees should be able to:

- Explain how critical thinking improves teamwork and leadership
- Describe common barriers to critical thinking
- Explain the process of critical thinking
- Determine the root cause of a problem
- Improve their critical thinking skills

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DURATION

60 minutes



DELIVERY CHANNEL

Virtual
instructor led



INSTRUCTOR

Experienced
Bank of America
facilitator



LEVEL

Foundational
career
readiness



Workshop modules

1. What is critical thinking
2. Why don't we always think critically
3. The process of critical thinking
4. Tools to improve critical thinking skills